

# In collaboration with:



# Present a CME Course: Osteopathic Considerations in Trauma Patients

By Ted Jordan, DO May 4<sup>th</sup>, 2024 8-12 noon

Register using link here: <u>https://ohiohealth.cloud-cme.com/Form.aspx?FormID=3859</u>

Doctors Hospital Heritage Center for Osteopathic Medical Education, Founders 3





# **Osteopathic Considerations in Trauma Patients**

#### **Objectives:**

- 1. Name the pathophysiological aspects of trauma, including the freeze reaction, dissociation, and startle response.
- 2. List the trauma induced dysfunctional patterns of the musculoskeletal system.
- 3. Practice osteopathic techniques to treat patterns of dysfunction found in the trauma patient.

# <u>Agenda:</u>

7:30 am - 8 am - Sign in and registration (Breakfast provided by the Columbus Osteopathic Association)

7:50 am - Introductions/Instructions/Information re: COA

# <u>8 am – 8:50 am:</u>

- Physiology of Trauma
  - Freeze reaction and Dissociation
  - Implications of PTSD
  - o Trauma Treatment/Bodywork

# \*\* BREAK \*\*

# 9:00-10:20:

- Startle Reflex and OPP Considerations
  - o OMT considerations in stress response
  - Primitive Reflexes

# \*\* BREAK \*\*

# <u> 10:30 am – noon</u>

- Brain Processing
  - $\circ \quad \text{OMT considerations for trauma}$

# **AOA Accreditation**

OhioHealth Doctors Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

OhioHealth Doctors Hospital designates this program for a maximum of **4.0** AOA Category **1-A** credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

# Disclosure

The planners and faculty have indicated that they do not have any financial relationships with any defined ineligible company/commercial interest.